



Lenten Listening

A 40 Day Journey with Jesus

Lindsey Gallant



Lenten Listening

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“If anyone has ears to hear, let him hear.”
Mark 4:23

And the disciples came and said to Him, “Why do You speak to them in parables?”

Jesus answered them,

“To you it has been granted to know the mysteries of the kingdom of heaven, but to them it has not been granted. For whoever has, to him more shall be given, and he will have an abundance; but whoever does not have, even what he has shall be taken away from him. Therefore I speak to them in parables; because while seeing they do not see, and while hearing they do not hear, nor do they understand. In their case the prophecy of Isaiah is being fulfilled, which says,

You will keep on hearing, but will not understand;
You will keep on seeing, but will not perceive;
For the heart of this people has become dull,
With their ears they scarcely hear,
And they have closed their eyes,
Otherwise they would see with their eyes,
Hear with their ears,
And understand with their heart and return,
And I would heal them.

But blessed are your eyes because they see, and your ears, because they hear.”

Matthew 13:14–16

Lenten Listening

Date: _____ Scripture: _____

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 1

Ash Wednesday, February 14

Mark 1:1-13

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
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Lenten Listening: Week 1

Thursday, February 15

Mark 1:14-34

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 1

Friday, February 16

Mark 1:35-45

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 1

Saturday, February 17

Mark 2:1-17

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 1

Sunday, February 18

Return, Reflect, Rest

Take time to revisit any passages to which you feel drawn to return. Reflect on those passages, or on your week in Scripture as a whole. What gospel words or images bring you rest?

Give thanks for Jesus' presence and Word with you.

I WANT TO RETURN TO...

REFLECTION

WHAT GOSPEL WORDS OR IMAGES DO
I NEED TO REST IN?

GIVE THANKS

Lenten Listening: Week 2

Monday, February 19

Mark 2:18-28

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 2

Tuesday, February 20

Mark 3:1-19

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 2

Wednesday, February 21

Mark 3:20-34

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
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Lenten Listening: Week 2

Thursday, February 22

Mark 4:1-20

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 2

Friday, February 23

Mark 4:21-41

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 2

Saturday, February 24

Mark 5:1-20

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 2

Sunday, February 25

Return, Reflect, Rest

Take time to revisit any passages to which you feel drawn to return. Reflect on those passages, or on your week in Scripture as a whole. What gospel words or images bring you rest?

Give thanks for Jesus' presence and Word with you.

I WANT TO RETURN TO...

REFLECTION

WHAT GOSPEL WORDS OR IMAGES DO
I NEED TO REST IN?

GIVE THANKS

Lenten Listening: Week 3

Monday, February 26

Mark 5:21-43

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 3

Tuesday, February 27

Mark 6:1-29

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 3

Wednesday, February 28

Mark 6:30-56

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
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JESUS, BRING ME YOUR HEALING
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Lenten Listening: Week 3

Thursday, February 29

Mark 7:1-23

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
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JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

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Lenten Listening: Week 3

Friday, March 1

Mark 7:24-36

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
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Lenten Listening: Week 3

Saturday, March 2

Mark 8:1-21

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
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JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

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Lenten Listening: Week 3

Sunday, March 3

Return, Reflect, Rest

Take time to revisit any passages to which you feel drawn to return. Reflect on those passages, or on your week in Scripture as a whole. What gospel words or images bring you rest?

Give thanks for Jesus' presence and Word with you.

I WANT TO RETURN TO...

REFLECTION

WHAT GOSPEL WORDS OR IMAGES DO
I NEED TO REST IN?

GIVE THANKS

Lenten Listening: Week 4

Monday, March 4

Mark 8:22-9:1

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

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Lenten Listening: Week 4

Tuesday, March 5

Mark 9:2-12

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

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JESUS, WHAT DO YOU WANT ME TO
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Lenten Listening: Week 4

Wednesday, March 6

Mark 9:13-32

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
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JESUS, BRING ME YOUR HEALING
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Lenten Listening: Week 4

Thursday, March 7

Mark 9:33-50

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
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JESUS, WHAT DO YOU WANT ME TO
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JESUS, BRING ME YOUR HEALING
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Lenten Listening: Week 4

Friday, March 8

Mark 10:1-31

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
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SEE AND PERCEIVE?

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Lenten Listening: Week 4

Saturday, March 9

Mark 10:32-52

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
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JESUS, WHAT DO YOU WANT ME TO
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Lenten Listening: Week 4

Sunday, March 10

Return, Reflect, Rest

Take time to revisit any passages to which you feel drawn to return. Reflect on those passages, or on your week in Scripture as a whole. What gospel words or images bring you rest?

Give thanks for Jesus' presence and Word with you.

I WANT TO RETURN TO...

REFLECTION

WHAT GOSPEL WORDS OR IMAGES DO
I NEED TO REST IN?

GIVE THANKS

Lenten Listening: Week 5

Monday, March 11

Mark 11:1-19

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
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JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

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JESUS, BRING ME YOUR HEALING
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Lenten Listening: Week 5

Tuesday, March 12

Mark 11:20-33

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
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JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

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JESUS, BRING ME YOUR HEALING
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Lenten Listening: Week 5

Wednesday, March 13

Mark 12:1-27

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
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JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

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Lenten Listening: Week 5

Thursday, March 14

Mark 12:28-43

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
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JESUS, WHAT DO YOU WANT ME TO
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JESUS, BRING ME YOUR HEALING
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Lenten Listening: Week 5

Friday, March 15

Mark 13:1-23

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

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JESUS, BRING ME YOUR HEALING
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Lenten Listening: Week 5

Saturday, March 16

Mark 13:24-37

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 5

Sunday, March 17

Return, Reflect, Rest

Take time to revisit any passages to which you feel drawn to return. Reflect on those passages, or on your week in Scripture as a whole. What gospel words or images bring you rest?

Give thanks for Jesus' presence and Word with you.

I WANT TO RETURN TO...

REFLECTION

WHAT GOSPEL WORDS OR IMAGES DO
I NEED TO REST IN?

GIVE THANKS

Lenten Listening: Week 6

Monday, March 18

Mark 14:1-11

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
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Lenten Listening: Week 6

Tuesday, March 19

Mark 14:12-26

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
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JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 6

Wednesday, March 20

Mark 14:27-42

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 6

Thursday, March 21

Mark 14:43-65

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 6

Friday, March 22

Mark 14:66-72

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 6

Saturday, March 23

Mark 15:1-15

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 6

Palm Sunday, March 24

Return, Reflect, Rest

Take time to revisit any passages to which you feel drawn to return. Reflect on those passages, or on your week in Scripture as a whole. What gospel words or images bring you rest?

Give thanks for Jesus' presence and Word with you.

I WANT TO RETURN TO...

REFLECTION

WHAT GOSPEL WORDS OR IMAGES DO
I NEED TO REST IN?

GIVE THANKS

Lenten Listening: Week 7

Monday, March 25

Mark 15:16-20

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 7

Tuesday, March 26

Mark 15:21-24

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 7

Wednesday, March 27

Mark 15:25-32

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 7

Maundy Thursday, March 28

Mark 15:33-41

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 7

Good Friday, March 29

Mark 15:42-47

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Week 7

Holy Saturday, March 30

Mark 16:1-20

Begin with a prayer to meet Jesus through His Word. Read the passage aloud once. Listen and look. Read the passage again. Sharpen your spiritual senses. Turn and engage in a loving conversation with Jesus. Then rest in His healing presence.

JESUS, WHAT DO YOU WANT ME TO
HEAR AND UNDERSTAND?

JESUS, WHAT DO YOU WANT ME TO
SEE AND PERCEIVE?

JESUS, HOW CAN I TURN TOWARD
YOU AND YOUR KINGDOM?

JESUS, BRING ME YOUR HEALING
AND WHOLENESS.

Lenten Listening: Easter

Sunday, March 31

Return, Reflect, Rest - Rejoice!

Take time to revisit any passages to which you feel drawn to return. Reflect on those passages, or on your week in Scripture as a whole. What gospel words or images bring you rest?

Give thanks for Jesus' presence and Word with you. Rejoice in His resurrection!

I WANT TO RETURN TO...

REFLECTION

WHAT GOSPEL WORDS OR IMAGES DO
I NEED TO REST IN?

REJOICE!