



Breathe in me,  
O Holy Spirit,  
that my thoughts  
may be all holy. Act in  
me. O Holy Spirit, that  
my work, too, may be  
holy. Draw my heart, O  
Holy Spirit, that I love  
but what is holy. Strengthen  
me. O Holy Spirit, to  
defend all that is holy.  
Guard me, then, O Holy  
Spirit, that I always may  
be holy. Amen.

